

Burton Richardson's BATTLEFIELD KALI™

SINGLE STICK SPARRING LOG

COMPLETE SPARRING ROUNDS
(LONG, MIDDLE, CLINCH RANGES)

1	2	3	4	5	6	7	8	9	10	total
										10
										20
										30
										40
										50
										60
										70
										80
Once you have done 80 rounds, you are ready to take your Antas 6 test. You must complete another 60 rounds as part of the requirements to take the Guro Dalawa- 2 nd degree Instructor test.										
										10
										20
										30
										40
										50
										60