

# Burton Richardson's BATTLEFIELD KALI™

## SINGLE STICK SPARRING LOG

### GURO APAT- 4<sup>TH</sup> DEGREE INSTRUCTOR TEST SPARRING ROUNDS REQUIREMENTS

	1	2	3	4	5	6	7	8	9	10	total
Hand only											10
											20
Hand & Head											10
											20
Hand & Leg											10
											20
Complete Sparring Long & Middle Ranges											10
											20
											30
											40
Clinch											10
											20
Complete Sparring Long, Middle & Clinch											10
											20
											30
											40

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# GURO APAT- 4<sup>TH</sup> DEGREE INSTRUCTOR TEST

## SPARRING ROUNDS REQUIREMENTS

(continues...)

Scenario 1											10
Scenario 2											10
Scenario 3											10
											20
											30
											40
Scenario 4											10
											20
											30
											40
Complete Sparring Long, Middle, Clinch & Ground											10
											20
											30
											40