

# Burton Richardson's BATTLEFIELD KALI™

## EMPTYHAND vs. KNIFE SPARRING LOG

### ANTAS WALO/ SCENARIO SPARRING ROUNDS

Hammer or Ice Pick grip at your discretion

	1	2	3	4	5	6	7	8	9	10	total
<b>Running Attacks Defense</b>											
RAD											10
RAD											20
<b>Static Scenarios Sparring: 10 rounds for each scenario</b>											
SSS											30
SSS											40
SSS											50
SSS											60
SSS											70
<b>Recognizing the draw</b>											
RD											80
Once you have done 80 rounds of hand only sparring you are ready to take your Antas 8 test.											

# Burton Richardson's BATTLEFIELD KALI™

## EMPTYHAND vs. KNIFE SPARRING LOG

### ANTAS WALO/ SCENARIO SPARRING ROUNDS (contines...)

Hammer or Ice Pick grip at your discretion

You must complete the following rounds as part of the requirements to take the Guro Apat- 4 <sup>th</sup> degree Instructor test.											
	1	2	3	4	5	6	7	8	9	10	total
<b>Full Sparring starting Outside</b>											
FSO											10
FSO											20
<b>Full Sparring starting with the 2 on 1 grip</b>											
FS2/1											30
FS2/1											40
<b>Ground Scenario 3</b>											
G/SC3											50
<b>Ground Scenario 4</b>											
G/SC4											60
<b>Running attacks defense</b>											
RAD											70
<b>Static Scenario Sparring (your choice of Scenario)</b>											
SSS											80
<b>Recognizing the draw</b>											
RD											90