

# Burton Richardson's BATTLEFIELD KALI™

## KNIFE vs. KNIFE SPARRING LOG

### ANTAS LIMA/ CLINCH AND GROUND ROUNDS

Scenario 1 (SC1), Scenario 2 (SC2), Scenario 3 (SC3), Scenario 4 (SC4)

CLINCH- HAMMER OR ICEPICK GRIP AS YOU WISH										
1	2	3	4	5	6	7	8	9	10	total
SC 1										10
SC2										20
SC 3										30
SC3										40
SC3										50
GROUND- HAMMER OR ICEPICK GRIP AS YOU WISH										
SC1										10
SC2										20
SC3										30
SC3										40
SC4										50
SC4										60
Once you have done all 110 rounds of Clinch and Ground sparring, you are ready to take your Antas 5 test.										

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## KNIFE vs. KNIFE SPARRING LOG

### CLINCH AND GROUND ROUNDS

(continues...)

You must complete another 80 rounds as part of the requirements to take the Guro Dalawa- 2nd degree instructor test. Choose the grip/scenario you want.										
CLINCH										10
CLINCH										20
CLINCH										30
CLINCH										40
GROUND										50
GROUND										60
GROUND										70
GROUND										80